Disability: making CLTS fully inclusive

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Principles of Community led Total Sanitation

- CLTS aims at **total** sanitation
- Facilitating people to do their own appraisal and sanitation profile
- Based on community self-help, co-operation & social solidarity between rich and poor
- If one person has to defecate in the open, everyone is affected
Open defecation - the reality for many

“Before, she had to dig on the ground. Sometimes her clothes got littered with faeces. Her hands got covered in faeces because she used her hands to cover it.”

- Crawling, risk of infection, poor health
- Lack of privacy, indignity, dependence
Stigma and discrimination

Ignorance of the causes of disability or illness can lead to fear, stigma and discrimination.

Some families hide disabled family members.

“They refused me to enter a toilet. I have started being embarrassed of my disability”
Problems with the way programmes are delivered

• Lack of consultation and participation
• Lack of information about different options - people don’t know what is possible
• Can lead to inappropriate design or location of facilities

Does this latrine look accessible for everyone?
Result - a wall of barriers

Physical barriers
- Distances
- High steps
- Narrow doors

Social/attitudinal barriers
- Stigma
- Traditional beliefs
- Lack of knowledge

Institutional/organisational barriers
- Lack of information
- Lack of consultation
- Staff lack training

ODF is not achieved
What can be done?

Joyce, walking along the cleared path to her toilet, Uganda
Low-cost hardware solutions
So what do we need to do as part of the CLTS process to help people think up these kind of solutions?
Ensure full and meaningful participation in meetings and consultations
Participatory barrier analysis

Carrying out participatory barrier analysis at the district level (left) and in the community (right)
Accessibility and safety audits

“I don’t like leaving the toilet door open when I use the toilet, but the wheelchair blocks the door”
Provide information on low cost, low tech designs
Challenge misconceptions

Be alert to ignorance of the causes or nature of disabilities and be prepared to correct these.

By involving disabled people as active participants and contributors - rather than as helpless recipients of a project - family and community can see them in a completely new light.

“One [member of staff] described how his perceptions of disabled people have changed completely. This has transformed his, and his family’s engagement with a disabled relative.”
Further resources and materials

CLTS website:

WEDC Equity & Inclusion page:
https://wedc-knowledge.lboro.ac.uk/collections/equity-inclusion/
Thank you

Images: Tethy Vesthu / Plan Indonesia; internet image: http://easypeasygambeasy.wordpress.com/; WaterAid / Jane Wilbur; WEDC / Hazel Jones; Regina Faul-Doyle; USAID-WASHplus Kenya/Elisha Ratemo; WaterAid / WEDA; Plan Indonesia.